

TransPULSE

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**individual listings within categories are arranged alphabetically, by city/region, then alphabetically, by name

Categories:

- *advocacy & organizing*
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- *health care*
- *medical*
- *prison*
- *shelter*
- *support*
- *trainings*
- *youth*

Disclaimer:
The language describing individuals or services was copied directly from self-descriptions. We recognize that people use a wide variety of terms to describe themselves and their communities.

ALBERTA

Calgary Girlfriends

(support)

Location: Calgary, AB
Services: A group for everyone from cross-dressers to transsexuals, dedicated to providing the resources and information for you to look good and feel good (especially inside), then to give you an opportunity to get out and face the world
Website: http://ca.groups.yahoo.com/adultconf?dest=%2Fgroup%2FCalgary_Girlfriends%2F
Contact: n/a
Notes: A "Yahoo" e-mail ID is required for their website as there is an age restriction on access.

FemInEyes

(support)

Location: Calgary, AB
Services: Support group and social club for crossdressers, transvestites, transsexuals, their friends and supporters
Website: not available
Contact: Box 78143 Heritage RPO, Calgary, AB, T2H 2Y1
Notes: Membership required for participation, initial contact via mail

Gay and Lesbian Community Services Association (GLCSA)

(advocacy & organizing, support)

Location: Calgary, AB
Services: Provides support, safety, fellowship, education, networking, and resources to the GLBTQ community and their family and friends.
Website: <http://www.glcsa.org/>
Contact: #4, 1230A - 17th Ave SW
(403)234-8973
illusions@calgaryoutlink.ca
Notes: This group aims to create networking and community building among all people

Illusions Social Club

(support)

Location: Calgary, AB
Services: Social Club and support group for cross-dressers, transsexuals, drag kings and queens, and more.
Website: <http://groups.yahoo.com/group/illusionssocialclub/>
Contact: #4, 1230A 17th Avenue SW
(403) 234-8973
illusions@calgaryoutlink.ca
Notes: The group holds meetings on the 1st and 3rd Fridays of the month at 7pm. A "Yahoo" e-mail ID is required for their website and age restriction on access.

InsideOUT Youth Group

(support, youth)

Location: Calgary, AB
Services: Peer support group for youth between the ages of 15-25
Website: <http://www.glcsa.org/programs/youthprograms.aspx>
Contact: (403)234-8973
Notes:

John K. Sinclair

(legal)

Location: Calgary, AB
Services: Lawyer's office providing trans-friendly service on minor legal matters
Website: not available
Contact: 409-604 1st Street, SW
(403)237-8798
para-law@agt.net

Notes:

New Directions

(support)

Location: Calgary, AB
Services: Drop-in peer support group to provide assistance and resources for those that identify as transsexual or inter-sexed.
Website: <http://www.glcsa.org/programs/transgenderprograms.aspx#top>
Contact: #4, 1230A-17th Avenue SW
(403)234-8973
info@calgaryoutlink.ca
Notes: The group meets every 3rd Friday of the month from 7 p.m. to 9 p.m. at Calgary Outlink.

Alberta Trans Group

(support)

Location: Edmonton, AB
Services: This group is a Yahoo Group, and an Edmonton group which meets 2:00PM – 4:00PM, the first and third Sundays of every month, at the Pride Center. These forums have been created as a safe haven for Trans-related discussions. It is open to Alberta Transsexual, Transgendered, Intersexed, Two-Spirited and Questioning individuals at any point in transition.
Website: <http://groups.yahoo.com/adultconf?dest=%2Fgroup%2FAlbertaTransPeerSupportNetwork?2F>
Contact: 9540-111 Avenue
Notes: A "Yahoo" e-mail ID is required for their website as there is an age restriction on access.

DECSA: Transitions (Distinctive Employment Counselling Services of Alberta)

(support)

Location: Edmonton, AB
Services: A program designed to provide women and transgendered people with skills and program support to promote leaving the sex trade and living healthier and safer lifestyles through involvement in other programs, education or employment.
Website: <http://www.decsa.com/Programs/trans.php>
Contact: 11515-71 Street NW
(780)474-2500 or (780)471-9652

Notes:

Edmonton Illusions Social Club Social & Support Group

(support)

Location: Edmonton, AB
Services: Social support group that holds meetings on the 2nd Thursday of the month at 8:30p.m. A safe, secure, and discreet support group for cross-dressers and transgendered individuals.
Website: http://groups.yahoo.com/group/edmonton_illusions/
Contact: The Roost, 10345-104 Street
(780)488-3234
Notes: A "Yahoo" email ID is required for their website as there is an age restriction on access.

Edmonton Transgender Support Line

(support)

Location: Edmonton, AB
Services: Support line for transgender individuals.
Website: not available
Contact: (780)488-3234 OR (790)988-3738
Notes:

EPS (Edmonton Police Services)/LGBTQ Liaison Committee

(advocacy & organizing, support)

Location: Edmonton, AB
Services: Committee composed of a wide variety of concerned lesbians, gay, bisexual, trans-identified, two-spirited, and queer (LGBTQ) and allied community members and police officers.
Website: not available
Contact: epslgbtq@yahoo.ca
Notes:

OUTreach

(advocacy & organizing, support)

Location: Edmonton, AB
Services: University of Alberta's LGBTQ group, acting to provide information, a social setting, support, and a place to be yourself
Website: <http://www.ualberta.ca/~outreach/>
Contact: outreach@ualberta.ca
Notes: University setting.

PFLAG/T

(support)

Location: Edmonton, AB
Services: parents and Friends of lesbians, gays, and transgender individuals (support group meeting the third Tuesday of each month at 7:30p.m.)
Website: not available
Contact: 9540-111 Avenue, Edmonton, AB
(780)462-5958
edmontonab@pflagcanada.ca
Notes:

Freedom Fort McMurray

(support)

Location: Fort McMurray, AB
Services: Social/support group for members of the GLBT community who live in Fort McMurray and area
Website: n/a
Contact: (780)790-1000
Notes:

Illusions Social Club Social & Support Group of Red Deer

(support)

Location: Red Deer, AB
Services: Online social support group.
Website: <http://groups.yahoo.com/adultconf?dest=%2Fgroup%2Fillusionsocialclub%2F>
Contact: n/a
Notes: A "Yahoo" email ID is required for their website as there is an age restriction on access.

BRITISH COLUMBIA

Dream Girls

(support)

Location: Kamloops, BC
Services: Transgender Support Group
Website: n/a
Contact: P.O. Box 535, Kamloops, BC
Notes: Trans female-centered

Gender Outlaws

(support)

Location: Nelson, BC
Services: Social and support group that meets every 2nd and 4th Thursday, 4:30 p.m. to 6:30 p.m.
Website: n/a
Contact: (250)354-5362
Notes: Call for additional information.

Muliebrety

(support)

Location: Prince George, BC
Services: One-on-one group peer support for MTF transsexuals in the region
Website: n/a
Contact: (250)614-1529
pangarune@shaw.ca

Notes:

BC FTM Network

(advocacy & organizing, support, trainings)

Location: Vancouver, Kootenays, Nanaimo, Powell River, BC
Services: Offers information and peer support contact information for FTMs and their families, friends, partners, and allies
Website: <http://www2.vpl.vancouver.bc.ca/dbs/redbook/orgpgs/2/2973.html>
Contact: (604)683-2278
(604)254-7292

Notes:

Centre for Sexuality, Gender Identity and Reproductive Health

(medical)

Location: Vancouver, BC
Services: Clinical services at the University of British Columbia
Website: http://www.psychiatry.ubc.ca/Divisions_and_Programs/Adult_Psychiatry/Sexual_Medicine.htm
Contact: 575 West 8th Avenue
(604)875-8282

Notes:

Cognitive-Behavioural Therapy Group for Transgender Youth (Dr. Melady Preece)

(medical, youth)

Location: Vancouver, BC
Services: Offers compassionate and informed care, an existential-humanistic perspective, and a collaborative approach to gender issues.
Website: <http://www.drmeladypreece.com>
Contact: 809-675 West Hastings Street, Vancouver, BC
(604)274-7393
confidential@drmeladypreece.com

Notes:

The Cornbury Society

(support)

Location: Vancouver, BC
Services: Social, educational, and support group for cross-dressers
Website: <http://www.cornbury.org>
Contact: P.O. Box 051, 667 Columbia St., New Westminster, BC
Notes:

Positive Women's Network

(support)

Location: Vancouver, BC
Services: Support and discussion group for HIV positive transwomen
Website: n/a
Contact: Room 103, 1033 Davie Street
(604)692-3000
Notes: Meets every 1st Wednesday of the month, 5-7p.m.

Trans Youth Drop-In

(support, youth)

Location: Vancouver, BC
Services: A place to meet other youth who are interested in trans stuff, watch trans movies, make art & 'zines, eat snacks, get info about local resources, and just generally hang out in a space where you can relax and be yourself.
Website: <http://www.vch.ca/transhealth/youth/index.html>
Contact: 1661 Napier Street, Vancouver, BC
(604)737-1514
transyouthdropin@yahoo.ca
Notes: Run by trans youth and loved ones.

TransAlliance Society

(advocacy & organizing, trainings)

Location: Vancouver, BC

Services: A province-wide coalition aiming to build connections between individuals and groups working on trans issues

Website: <http://www.transalliancesociety.org>

Contact: 1170 Bute Street, Vancouver, BC
(604)684-9872 (ext. 2044)
communications@transalliancesociety.org

Notes:

Transgender Health Program

(medical, support, youth)

Location: Vancouver, BC

Services: Program aiming to bring together trans people, their loved ones, health care providers, health planners, and researchers to work on improving transgender health services in BC

Website: <http://www.vch.ca/transhealth/>

Contact: 301-1290 Hornby Street
(604)734-1514
transhealth@vch.ca

Notes:

University of British Columbia Trans Discussion Group

(advocacy & organizing, support)

Location: Vancouver, BC

Services: Open discussion group for students, staff, and community

Website: <http://www.prideubc.com/content/>

Contact: thespacesbetween@gmail.com

Notes: Anyone welcome.

Vancouver Girl's Night Out

(support)

Location: Vancouver, BC

Services: For trans people and loved ones to meet, chat, and plan outings together.

Website: <http://groups.yahoo.com/group/vangno>

Contact: vangno-owner@yahogroups.com

Notes: A "Yahoo" e-mail ID is required for their website as there is an age restriction on access.

Vibrant Group

(trainings)

Location: Vancouver, BC
Services: Diversity training company that focuses on LGBT topics
Website: <http://vibrantgroup.ca/>
Contact: 204-1230 East 8th Ave
(604)876-9697

Notes:

Zenith Foundation

(advocacy & organizing, support)

Location: Victoria, BC
Services: Support and advocacy group for transsexuals and their spouses/partners
Website: n/a
Contact: (250)598-9711
audrey.s@shaw.ca
zenithfoundation@hotmail.com

Notes: Formerly provincewide organization now serves only the Victoria area.

Transsexual Support Group

(support)

Location: White Rock, BC
Services: Social support group headed by Dr. Angela Wensley
Website: n/a
Contact: 14905 32nd Ave.
(604)536-2053

Notes:

Trans British Columbia

(support)

Location: Province-wide
Services: Online group aiming to offer support, advocacy and information for those who want/need it. Transition or not, just wanting information to make a well informed decision regarding gender identity/trans issues. However you ID is your business - we do not enforce stereotypes or labels.
Website: <http://groups.yahoo.com/group/TransBritishColumbia/>
Contact: TransBritishColumbia-owner@yahogroups.com

Notes: A "Yahoo" e-mail ID is required to post and access further information.

VanGuys

(support)

Location: Province-wide
Services: Online listserv only for those that identify as FTM.
Website: <http://groups.yahoo.com/group/vanguys/>
Contact: vanguys@yahogroups.com
Notes: A "Yahoo" e-mail ID is required to post and access further information.

MANITOBA

Sexuality Education Resource Centre Manitoba

(trainings)

Location: Brandon, MB
Services: Organization that promotes sexual health through education, celebrating a diverse society that celebrates healthy sexuality throughout life
Website: <http://www.serc.mb.ca/SERC/>
Contact: 161 8th Street, Brandon, Manitoba
(204)727-0417
Notes: Ally program

Prairie Rose Gender Club

(support)

Location: Dugald, MB
Services: Social support group
Website: n/a
Contact: P.O. Box 23 Group 4, R.R. 1
(204)257-2759
Notes:

Dr. Bruce Roe

(medical)

Location: Winnipeg, MB
Services: Endocrinologist who assesses and prescribes hormones for transgender patients. Reference from general practitioner required.
Website: n/a
Contact: 409 Tache Avenue
(204)233-8563
Notes:

Dr. Jule Henderson

(medical)

Location: Winnipeg, MB
Services: Psychologist who has helped transgendered patients and who will do assessments.
Website: n/a
Contact: 146 Arlington Street
(204)784-7700
Notes: Services not covered under medicare, may need referral.

Dr. M. Ziesman

(medical)

Location: Winnipeg, MB

Services: Plastic Surgeon who has performed breast augmentation, orchiectomies, and breast reductions. Psychologist's reference required.

Website: n/a

Contact: 820 Sherbrooke Street
(204)787-7355

Notes:

Klinic Community Health Centre

(medical)

Location: Winnipeg, MB

Services: Medical care and counseling for the general public, but are also accustomed to helping transgender patients and are sensitive to their needs.

Website: <http://www.klinic.mb.ca/>

Contact: 870 Portage Avenue
(204)784-4090
klinic@klinic.mb.ca

Notes:

Manitoba Adolescent Treatment Centre

(support, youth)

Location: Winnipeg, MB

Services: Provides counseling and social workers to help TG kids sort out feelings in a safe environment.

Website: <http://www.matc.ca/>

Contact: 120 Tecumseh
(204)477-6391

Notes:

Manitoba Health

(medical, identity documents)

Location: Winnipeg, MB

Services: Willing to answer questions regarding what services are covered by Manitoba Health for transgender patients. Help with changing the gender designation on health cards.

Website: n/a

Contact: 300 Carlton Street
(204)786-7380
(800)392-1207, x. 7380

Notes: Ask to speak with Gayle Martens.

Maples Surgical Centre

(medical)

Location: Winnipeg, MB
Services: Offers a broad range of procedures in plastic surgery.
Website: <http://www.nationalsurgery.com/Maples/index.php>
Contact: 7-1291 Jefferson Avenue
(204)633-1108
(888)211-4222
inform@nationalsurgery.com

Notes:

Men's Resource Centre

(advocacy & organizing, support)

Location: Winnipeg, MB
Services: The Men's Resource Centre provides a wide range of services to individual men including Counselling Services, Community Outreach, and Peer Mentor Programs. Confidential Men's Resource Centre services are offered by professional staff, students, (EHCC is a training site for students from the Faculty of Social Work and the Department of Psychology at the University of Manitoba) and trained volunteers.
Website: <http://www.elizabethhill.ca/mrc.html>
Contact: (204)956-9528
mrc@cc.umanitoba.ca

Notes: The organization has worked with several trans-folks. Staff and other clients have described this as a positive experience. Check the website for more information on programming and contact the intake line for more details.

Nine Circles Community Health Centre

(health services, medical)

Location: Winnipeg, MB
Services: Community Centre offering a number of services to the GLBTT community.
Website: <http://www.ninecircles.ca>
Contact: 705 Broadway, Winnipeg, MB
(204)940-6000
(888)305-8647
ninecircles@ninecircles.ca

Notes: Specialize in treating sexual minorities.

Rainbow Resource Centre

(support)

Location: Winnipeg, MB
Services: Non-profit organization that provides support and resources for the GLBTTS communities of Manitoba and Western Ontario.
Website: <http://www.rainbowresourcecentre.org>
Contact: 1-222 Osborne St. South
(204)284-5208
(800)399-0005
info@rainbowresourcecentre.org

Notes:

Sheps Hair Transplant Clinic

(medical)

Location: Winnipeg, MB
Services: Laser hair removal, hair transplants, laser skin resurfacing. Trans patients have reported being treated with respect and achieving high quality results.
Website: <http://www.shepshair.com/>
Contact: 205 Edmonton Street
(204)956-7709

Notes:

Winnipeg Transgender Group (Transgender Café)

(advocacy & organizing, support, trainings)

Location: Winnipeg, MB
Services: Peer support and resources for the transgender community, meeting monthly, for MTFs, FTMs, intersex individuals, and their supporters.
Website: <http://www.transgendercafe.com/>
Contact: (204)284-5208
wtsg@angea.ca
Notes: All ages.

MARITIMES

Gender Expressions Atlantic

(advocacy & organizing)

Location: Maritimes
Services: Networking site supporting the transgender community in the Atlantic Canada; no counseling information, links to various organizations throughout the Maritimes.
Website: http://www.geocities.com/gender_expressions/gender_expressions@hotmail.com
Contact: gender_expressions@hotmail.com
Notes:

NEW BRUNSWICK

Dr. Sandra Byers

(medical)

Location: Fredericton, NB

Services: Clinical and consulting psychologist, has contacts with people in Toronto Gender Clinic and the Vancouver Gender Identity Clinic

Website: n/a

Contact: 455 George Street, Fredericton, NB
(506)454-6417

Notes:

Trans Support Group

(support)

Location: Moncton, NB

Services: Support group that meets when and where possible.

Website: n/a

Contact: ellisk@nbnet.nb.ca

Notes: E-mail for more group info.

Dr. K. Covert

(medical)

Location: Saint John, NB

Services: Psychiatrist experienced with gender dysphoric clients.

Website: n/a

Contact: (506)634-7124

Notes:

Dr. John Dornan

(medical)

Location: Saint John, NB

Services: Endocrinologist and internal medicine, experienced with transsexuals.

Website: n/a

Contact: 20 Westmorland Road, Saint John, NB
(506)634-1047

Notes:

NEWFOUNDLAND & LABRADOR

Gander GLBT

(advocacy & organizing, support)

Location: Gander, NL

Services: Community-based GLBT group

Website: n/a

Contact: P.O. Box 246, Gander Women's Center
(709)256-4395 OR
(709)533-2507

Notes:

GLBT Support

(support)

Location: Glovertown, NL

Services: Hotline for GLBT persons to find answers to problems; may be able to find additional resources.

Website: n/a

Contact: 229 Main Street North

(709)533-3009

jrgenge10@hotmail.com

Notes:

Les/Gay/Bi/Transgender Support and Info Line

(support)

Location: St. John's, NL

Services: Telephone support and information.

Website: n/a

Contact: P.O. Box 6221, St John's NL

(709)753-4297

Notes:

PFLAG Canada – St. John's NL

(support)

Location: St. John's, NL

Services: Provides peer support for gay, lesbian, bisexual, asexual, transgender, transsexual, two-spirit, intersex individuals and other community members.

Website: <http://www.pflagcanada.ca/en/index-e.asp?mainframe=../chapters/stjohns.asp>

Contact: 25 Athlone Place, St. John's NL A1A 4M8

Diana R. Deacon: 709-754-1363

stjohnsnl@pflagcanada.ca

Notes:

Newfoundland Gays and Lesbians for Equality (NGALE)

(advocacy & organizing, support)

Location: St. John's, NL

Services: Community-based, not-for-profit volunteer organization dedicated to providing support and education to and for gay, lesbian, bisexual, and transgendered persons, and the public in general.

Website: <http://www.ngale.org> (website currently not active)

Contact: info@ngale.org

(709) 753-4297

Notes:

NORTHWEST TERRITORIES

OutNorth

(advocacy & organizing, support)

Location: Yellowknife, NT

Services: Non-profit group that exists to advocate for the GLBT community, to provide social and sporting events, to educate members and the community of Yellowknife

Website: <http://www.outnorth.nt.ca/>

Contact: PO Box 2827, Yellowknife NT
(867)669-7279
outnorth@yk.com

Notes:

NOVA SCOTIA

BLT-WOMYN OF HALIFAX

(advocacy & organizing)

Location: Halifax, NS

Services: A discussion group for Bi-sexuals, Lesbians, Transgendered women, who will meet to have open discussions, in a positive environment. To discuss topics concerning ourselves and our community. This is a bi-weekly meeting on Sunday evenings. BLT is dedicated to providing a safe, positive, environment, where members of Bisexual, Lesbian and Transgendered community can come together to exchange ideas, and discuss concerns openly and freely that will bring the community to a higher level of Pride, Diversity, Strength and Unity ! To be PROUD of who you are! Live life and laugh!

Website: <http://ca.groups.yahoo.com/group/blt-womynofhalifax/>

Contact: 6286 South Street
Halifax, NS

Notes: A "Yahoo" e-mail ID is required for their website as there is an age restriction on access. Meets 6pm to 7:30pm on Sunday evenings. Please remember when applying to this group, send full name and a contact number or call Sue at 499-0335, everything is kept PRIVATE!

DalOut

(advocacy & organizing, support)

Location: Halifax, NS

Services: Dalhousie University society to provide gay, lesbian, bisexual, transgendered, transsexual, two-spirited, gender variant, intersexed, queer individuals, and the people who support them with education, advocacy, and support

Website: <http://societies.dsu.ca/DalOUT>

Contact : Dalhousie University Student Union Building,
6136 University Avenue, Room 321, Halifax, NS
(902)494-2190
dalOUT@dal.ca

Notes:

Wayves

(support)

Location: Halifax, NS

Services: Independent publication informing GLBT people in Atlantic Canada of the activities in their communities and to promote those activities and support their aims and objectives.

Website: <http://wayves.ca>

Contact : P.O. Box 34090, Scotia Square, Halifax, NS

Notes:

The Youth Project

(support, youth)

Location: Halifax, NS

Services: Organization aiming to make Nova Scotia a safer, healthier, and happier place for lesbian, gay, bisexual and transgendered youth through support education, resource expansion and community development; offers a transgendered youth support group on alternating Mondays of every month 7pm-9pm

Website: <http://www.youthproject.ns.ca/main2.htm>

Contact : 2281 Brunswick Street
(902)429-5429

youthproject@youthproject.ns.ca

Notes:

Maritime Transgendered Workplace Solutions

(trainings)

Location: Province-wide

Services: Educational organization, providing workshops and presentations for the workforce, university, college, and high school staff/students, social, professional and government groups, medical practitioners and support staff

Website: <http://www3.ns.sympatico.ca/winpapernews/>

Contact: 162 Highway 336, Upper Musquodoboit, NS B0N 2M0
deniseined@ns.sympatico.ca

Notes:

Nova Scotia Rainbow Action Project (NSRAP)

(advocacy & organizing, trainings)

Location: Province-wide

Services: NSRAP has been working since 1995 throughout Nova Scotia as a voice for the gay, lesbian, bi-sexual and transgender community; they volunteer collaboratively with government, institutions, business individuals to foster change.

Website: <http://www.nsrp.ca/>

Contact : 100-2786 Agricola Street, Halifax, NS B3K 4E1
(902)444-7887

online e-mail ticket available through website

Notes:

ONTARIO

Barrie Trans Support Group

(support)

Location: Barrie, ON

Services: Group support meetings held for all transgendered and transsexual people no matter what path each is on and no matter where on the gender spectrum each lies. Crossdresser, pre-op, post-op, non-op, transsexual male-to-female or female-to-male.

Website: n/a

Contact : sheena_brookes@yahoo.com

Notes: For meeting dates and locations, please contact Sheena by email. To post messages on message board, use barrie_tg_group@yahoogroups.com. To subscribe to message boards, barrie_tg_group-subscribe@yahoogroups.com.

Torchlight Gender Support Group

(support)

Services: Group service the greater tri-city area. The group meets once per month to provide a safe place to explore the issues of transgenderism, to provide awareness of the local transgender communities, and to assist transgender individuals in understanding their special qualities

Location: Cambridge, Kitchener, Waterloo, ON

Website: <http://home.golden.net/~kcr/tgs/>

Contact : Michelle: grsmedia@hotmail.com

Notes:

New Directions Counselling - Gloria Kropf Nafziger, MSW, RSW

(health care, support)

Location: Collingwood, ON

Services: Gloria's professional practise is influenced by her personal journey or growth and healing and by the need she sees in the world for all people to be able to live fully into their potential. Gloria continues to build on her awareness of the impact of gender, race, class, and culture on all relationships and incorporates this ongoing awareness in the work she does. Gloria believes in the therapeutic process as a process of healing and relearning within a safe and caring relationship. Her belief in the transformational power of story telling, within relationship, allows those with whom she works to chose new options for their personal stories. Gloria is inspired and blessed by the stories of which she is a part.

Website: <http://www.newdirectionscounselling.com/>

Contact : 705-888-1872

gnewdirections@gmail.com

Notes:

Out on the Shelf

(support)

Location: Guelph, ON
Services: Library and Resource centre for LGBTTTTSIQQ communities
Website: <http://www.outontheshelf.ca>
Contact : 147 Wyndham Street North, 3rd Floor
(519)821-1789
e-mail available through online ticket

Notes:

TRANS in Guelph Resource & Support (TIGRS)

(support)

Location: Guelph, ON
Services: An informal resource and support group for transgender/transvestite/two-spirited/intersexed individuals in the Wellington-Guelph-Dufferin region
Website: n/a
Contact : (519)240-6352
TIGRS@rogers.com

Notes:

Trans Mentoring Circle

(support)

Location: Guelph, ON
Services: Mentoring circle, active since May 2006.
Website: <http://www.transcareclinic.com/index.html>
Contact : 2303 Smithville Road, Smithville, Ontario. L0R 2A0
Michaela Reid: (519)856-2644, senseimr@yahoo.com
Rev. Barbara McDowall: (519)767-5697, authentic@authiclives.com

Notes:

The Well

(advocacy & organizing, health care, support)

Location: Hamilton, ON
Services: The LGBTQ Community Wellness Centre of Hamilton is dedicated to improving the health and wellness of the lesbian, gay, bisexual, transgender, and queer communities in the City of Hamilton.
Website: www.thewellhamilton.ca
Contact : (905)525-0300
Laurel: transhamilton@gmail.com
Will: hamiltonboi@hotmail.com
info@thewellhamilton.ca

Notes: Holds a peer support group on the 2nd and 4th Wednesday of each month. The group is for people who identify as: transgender, transsexual, trans, bigender, third gender, intersex, genderqueer, genderfuck, FtM, MtF, cross-dresser, transvestite, two-spirited, boi, t-girl, t-boy, or questioning! The purpose of this group is to provide formal peer-support, interesting discussion topics, movies, and more.

Education on Queer Issues Project (EQUIP)

(advocacy & organizing)

Location: Kingston, ON

Services: Brings awareness to the Kingston community and Queen's University campus through a wide variety of queer-themed speakers and events. The organization also maintains an extensive lending library of queer-themed books, movies, and magazines.

Website: <http://clubs.myams.org/equip/>

Contact : 51 Bader Lane
(613)533-3154

equip@ams.queensu.ca

Notes:

Transgender/Transsexual Policy Group Queen's University Human Rights Office

(advocacy & organizing, support)

Location: Kingston, ON

Services: The Human Rights Office is a confidential, university-based service provider which administers the University's *Harassment and Discrimination Complaint Policy and Procedure* and provides resources and educational programming.

Website: <http://www.queensu.ca/humanrights/index.htm>

Contact : A320 Mackintosh-Corry Hall,
Queen's University,
Kingston, ON
(613) 533-6886

hrights@queensu.ca

Notes:

K-W Counselling Services

(support)

Location: Kitchener-Waterloo, ON

Services: Inspired by a deep commitment to social responsibility and our optimism in the power of relationships, K-W Counselling Services reaches out with its community partners to all families, children, individuals and neighbourhoods to discover with them those strengths and possibilities that lead to fulfilled and productive lives.

Website: www.kwcounselling.com

Contact : 480 Charles Street East
Kitchener, ON
(519) 884-7000

info@kwcounselling.com

Notes: The organization employs trans-positive counsellors.

London Trans Support Group (S.W.A.T.)

(support)

Location: London, ON
Services: Support group meeting the first Thursday of the month from 7-9pm
Website: <http://www.tgstation.com/london>
Contact : London Intercommunity Health Center
659 Dundas Street East
info@tgstation.com
Notes: Knock on door and get let in by nurse. All are welcome.

Pride Library

(support)

Location: London, ON
Services: Library and Resource centre for LGBTTTTSIQQ communities
Website: <http://www.uwo.ca/pridelib/>
Contact : D.B. Weldon Library (Main Floor), University of Western Ontario
(519) 661-2111, ext. 85828
jmiller@uwo.ca
Notes:

Transgendered of Niagara

(support, trainings)

Location: Niagara Region, ON
Services: Non-profit support group for transgendered individuals that focuses on providing support through speakers, community resources, awareness and education, social support
Website: <http://transgenderedofniagara.com/>
Contact : 5 Henry Street, St. Catharines, ON
(905)957-9248
OR Christine Martin: (905)359-4486
transgenderedofniagara@yahoo.ca
Notes:

Treanor Mahood-Greer, H.N.B.S.W., RSW

(support)

Location: North Bay, ON
Services: Trans social worker from the Northeastern Mental Health Program.
Website: <http://www.nemhc.on.ca/>
Contact : P.O. Box 3010, Hwy. 11, North
North Bay, ON Canada P1B 8L1
(705) 474-1205, Ext. 7876
tmahood-greer@NEMHC.on.ca
Notes: This person lives in North Bay but is somewhat knowledgeable about other areas of Northern Ontario.

Canadian Task Force for Transgender Law Reform

(legal)

Location: Ottawa, ON
Services: Canadian Task Force for Transgender Law Reform
Website: n/a
Contact: P.O. Box 47060
Ottawa, ON
K1B 5P6
Notes: For more information, please write to the mailing address above.

Carleton GLBTQ Centre for Sexual and Gender Diversity

(advocacy & organizing, support)

Location: Ottawa, ON
Services: The GLBTQ centre strives to work together towards gender and sexual equity through a tri-mandate of education, advocacy and support.
Website: <http://www.carleton.ca/glbtc/>
Contact : 427 University Centre (across the hall from the Carleton University Student Association)
(613)520-3723
glbt@cusaonline.com

Notes:

Dr. Howard Silverman

(medical)

Location: Ottawa, ON
Services: Cosmetic Plastic Surgery. Dr. Silverman has experience in both F to M and M to F chest/breast surgery, and performs other plastic surgeries as well. (but not SRS/GRS)
Website: n/a
Contact: 1525 Carling Avenue, Suite 502, Ottawa, Ontario K1Z 8R9
(613) 792-4137

Notes:

Dr. Mary Hogan Findley

(medical)

Location: Ottawa, ON
Services: Psychologist specializing in trans issues
Website: n/a
Contact: (613)230-5855
Notes:

Dr. Norman Barwin

(medical)

Location: Ottawa, ON
Services: Hormone therapy, (MTF and FTM) gynecology
Website: n/a
Contact: 305-770 Broadview Ave Ottawa, ON, K2A 3Z3
(613) 728-5104
Notes: Referral from GP Required, not always taking new patients: inquire

Gender Metaphor

(support)

Location: Ottawa, ON
Services: Transgender support group based in Ottawa that supports those in eastern Ontario
Website: <http://www.geocities.com/WestHollywood/3190/>
Contact : P.O. Box 27097 Ottawa, ON
gender-metaphor@ottawa.com
Notes: Further information available once members join the group through e-mail contact.

Gender Mosaic

(support)

Location: Ottawa, ON
Services: Transgender support group based in Ottawa, providing various forums to assist in the personal development, growth, and contact of its members within the transgender community.
Website: <http://www.gendermosaic.ca/>
Contact : gendermosaic@gendermosaic.ca
Notes: Discussion group of the last Wednesday of every month and a social gathering on the second Saturday of the month.

Gender Mosaic Youth

(support, youth)

Location: Ottawa, ON
Services: Social and Support Group focusing on youth oriented events and activities for transgendered people.
Website: http://ca.geocities.com/gender_mosaic_youth/
Contact : gender_mosaic_youth@yahoo.ca
Notes: A "Yahoo" e-mail ID is required for their website.

Gender Quest

(support)

Location: Ottawa, ON
Services: Peer Support group for trans-people who wish to explore their gender identity and gender expression.
Website: http://www.pinktriangle.org/pts_site/Eng/tdg.html
Contact : 177 Nepean Street, 5th floor, Suite 508
Claudia: (613)563-4818
Notes: Facilitated by Michelle Boyce. The group meets the 3rd Monday of every month between 7-9pm at the above address.

Genderfukt Ottawa

(support)

Location: Ottawa, ON
Services: Group for genderqueer, bigendered, androgynous, allied people.
Website: n/a
Contact : 177 Nepean St., Suite 508, Pink Triangle Services
Nick Downer: (613)859-4298
Notes: First meeting on July 9th, 2007 at 7pm, please call for more information.

Generation Q

(support)

Location: Ottawa, ON
Services: A Pink Triangle services group for GLBTQ men and women in their 20s and 30s.
Website: n/a
Contact : 177 Nepean Street, 5th floor, Suite 508
Claudia: (613)563-4818
genq_pts@yahoo.ca
Notes: Meets year-round on 1st and 3rd Friday of the month, 7-9pm in the Chris Raynsford Room

Making a Difference Counseling and Consultation

(medical, support)

Location: Ottawa, ON
Services: Social worker Helma Seidl specializes in transgender issues
Website: <http://www.making-a-difference.ca>
Contact : 3-831 Bronson Avenue
(613)749-8008
helma.seidl@gmail.com
hseidl@rogers.com
Notes: For questions regarding transgenderism, please contact Helma Seidl only.

Ontario Female to Male Network

(support, trainings)

Location: Ottawa, ON

Services: Non-profit, peer-run, provincial network, which provides: peer support, resources, gatherings, outreach/education in Guelph, Kingston, Ottawa, Toronto.

Website: <http://webhome.idirect.com/~martybear/index.htm>

Contact : 378-532 Montreal Road, Ottawa, ON
(613)798-9552
onftm@cyberus.ca

Notes:

Ottawa FTM

(support)

Location: Ottawa, ON

Services: Group for FTM transsexuals, transgendered, and two-spirited individuals, or anyone who was born female but does not wholly identify as such.

Website: <http://ca.geocities.com/ottawaftm/>
<http://groups.yahoo.com/group/ottawaftm/>

Contact : ottawaftm@yahoo.ca

Notes: A "Yahoo" e-mail ID is required for access.

Ottawa Transforum

(support)

Location: Ottawa, ON

Services: An on-line discussion group serving the transsexual and transgendered community and SOFFAs in Ottawa. Discussions include, but are not limited to announcements, event discussion, community dialogue and transition support.

Website: <http://ca.groups.yahoo.com/group/ottawatransforum/>

Contact : ottawatransforum-owner@yahoogroups.ca

Notes: This group serves a diversity of people with a diversity of views, the moderators will work to protect a safe space for civil and supportive discussion. Yahoo ID required for online discussion.

PFLAG Ottawa

(advocacy & organizing, support)

Location: Ottawa, ON

Services: Information and support for parents, families, friends and spouses as well as gays, lesbians, bisexuals and trans individuals (GLBT) are welcome.

Website: <http://www.gaycanada.com/pflag-ottawa/>

Contact : 154 Somerset Street West, Church of St. John the Evangelist
(613)860-7138
ottawaon@pflagcanada.ca

Notes: Meets the first and third Wednesday of each month, September through June, at 7:30pm

Queer Dharma

(religious, support)

Location: Ottawa, ON
Services: Gathering for LGBTQ Buddhists.
Website: <http://www.shambhalaottawa.ca/>
Contact: 984 Wellington St. West, Ottawa ON
(613)725-9321
info@shambhalaottawa.ca

Notes:

Sandyhill Community Health Centre

(medical)

Location: Ottawa, ON
Services: Nursing care and health promotion to people in Ottawa who are HIV+; explicitly welcomes trans women in their promotional materials.
Website: <http://www.sandyhillchc.on.ca/programs.html#5>
Contact: 221 Nelson Street, Ottawa, ON
(613)789-1500

Notes:

Trans Peoples Political Action Network (TPPAN)

(advocacy & organizing)

Location: Ottawa, ON
Services: n/a
Website: n/a
Contact: (613)594-5756
flundie@engsoc.carleton.ca

Notes:

Trans Youth Ottawa

(support, youth)

Location: Ottawa, ON
Services: Group providing support, friendship, and social activities for transsexual, transgendered, intersex, genderqueer, and questioning youth and young adults from the Ottawa-Gatineau area.
Website: <http://transyouthottawa.ca/>
Contact : Pink Triangle Services, Chris Raynsford room
177 Nepean Street
transyouthottawa@gmail.com

Notes: The group runs an email discussion list and meets in person year-round on the 4th Wednesday of the month, 7pm-9pm

University of Ottawa Pride Centre

(advocacy & organizing, support)

Location: Ottawa, ON
Services: University pride organization
Website: <http://www.uottawa.ca/student/glbtc/pride.html>
Contact : 85 University Private, Room 215E
(613)562-5800, ext. 3161
(877)UOTTAWA, ext. 3161
uopride@sfuo.ca
Notes: Hours of operation, 10am-4pm, Monday to Friday

Chrysalis

(support)

Location: Peterborough, ON
Services: Transgender group striving to meet the needs of transgender people, their family, and friends, meet monthly, offering friendship, security, and support
Website: <http://www.angelfire.com/ok3/chrysalistg/>
Contact: chrysalistg@yahoo.ca
Kaitlin Acres (705)653-1374
Notes: Open to anyone 18+ questioning their gender, including family members and friends

TG Aesthetics

(support)

Location: Richmond Hill, ON
Services: Provides transformation services and helps guide emerging transwomen in the areas of appearance and presentation
Website: <http://www.tgaesthetics.com/>
Contact: (647)836-6000
tgaesth@ca.inter.net
Notes:

AIDS Niagara

(support, advocacy, education)

Location: St. Catharines, ON
Services: Support, education and advocacy, in a safe & confidential environment, for all individuals infected or affected by HIV/AIDS.
Website: <http://www.aidsniagara.com>
Contact : 111 Church Street
St. Catharines, ON
(905)984-8684
Notes:

Brock Pride

(support, social)

Location: St. Catharines, ON
Services: A discussion/social group of people university age, meets periodically during school year.
Website: <http://www.busu.net/pride>
Contact : (905)688-5550, ext. 3568
(Brock Students' Union, ask for information on Brock Pride)
Notes: Not necessary to be a student to attend.

OUTniagara

(support, advocacy, education)

Location: St. Catharines, ON
Services: Umbrella group serving Niagara's sexual- and gender-diverse community.
Website: <http://outniagara.ca>
Contact : P.O. Box 23101
Midtown Postal Outlet
St. Catharines, ON
L2R 7P6
general@outniagara.ca

Notes:

PFLAG Canada—St. Catharines

(support, advocacy, education)

Location: St. Catharines, ON
Services: Support and information for parents and families, meets monthly. Also provides information to the general community, speakers available.
Website: <http://www.pflagcanada.caStCatharines.htm>
Contact : (905)934-9933, OR
(905)937-0202
stcathon@pflagcanada.ca

Notes:

The "T" Group

(support)

Location: Sudbury, ON
Services: Support Group meeting every Thursday from 8:00PM to 9:00PM at Zig's Bar, at 54 Elm Street
Website: n/a
Contact: Access AIDS Network
111 Elm Street
Sudbury, ON
Starr Danyals: maakwadan@hotmail.com
(705)688-0500, ext. 24
Toll Free: (800)465-2437
Alternate email: gastonc@persona.ca

Notes:

2spirits.com

(support)

Location: Toronto, ON
Services: Non-profit social services organization whose membership consists of Aboriginal GLBT people in Toronto
Website: <http://www.2spirits.com/>
Contact: 43 Elm Street, 2nd Floor
Doe O'Brien OR Spring Water: (416)944-9300
doe@2spirits.com OR art@2spirits.com
Notes: There are several group participants who identify as "trans"

The 416 Drop-In Centre

(support)

Location: Toronto, ON
Services: Safe, non-threatening daytime home for women who are transient, socially-isolated and homeless.
Website: <http://www/416dropincentre.com/>
Contact: 416 Dundas Street East
(416)928-3334
info@416dropincentre.com
Notes: Trans-only drop-in on each Thursday of every month between 5-9pm

Adelaide Resource Centre for Women (T-Girls)

(support)

Location: Toronto, ON
Services: Support group run by street-involved trans women for street-involved trans women.
Website: n/a
Contact: 67 Adelaide Street East
(416)392-9282
Notes:

Asian Community AIDS Service (ACAS)

(support)

Location: Toronto, ON
Services: Education, prevention and support services that offers various these in various languages, such as Mandarin, Vietnamese, and Tagalog
Website: <http://www.acas.org>
Contact: 33 Isabella Street, Suite 107 (code 526)
(416)963-4371
info@acas.org
Notes:

Centre for Addiction and Mental Health—Gender Identity Clinic

(medical)

Location: Toronto, ON

Services: Offers consultations, support and time-limited counseling to anyone who wishes to explore issues related to their cross-dressing or any degree of transgendered expression

Website: http://www.camh.net/Care_Treatment/Program_Descriptions/Mental_Health_Programs/Gender_Identity_Clinic/

Contact: Maxine: (416)535-8501, ext. 4077

Notes: Please note that community members' experiences here have been diverse. Presently, other options exist and we would encourage community members and allies to explore the growing range of services that are emerging as these newer services may offer more comprehensive care and may better meet their needs.

David Kelley LGBTQ Counseling Program

(support)

Location: Toronto, ON

Services: Provides professional, short-term, individual, couple and family counselling to people who identify as lesbian, gay, bisexual, trans or queer

Website: <http://www.fsatoronto.com/programs/dkslesgay.html>

Contact: (416)595-9618

sau@fsatoronto.com

Notes:

FLUID

(support)

Location: Toronto, ON

Services: Group for bisexual, bi-curious, pansexual, gender queer, questioning and other queer youth who don't fit neatly into categories.

Website: <http://www.ctys.org/gethelp/intake.htm>

Contact: (416)924-2100, ext. 243

paoletti@ctys.org

Notes: For trans youth age 26 and under

Female-to-Male Transsexual/Transgender Peer-Support

(support)

Location: Toronto, ON

Services: Peer Support group for transmen & transgender females

Website: http://groups.yahoo.com/group/FTM_Toronto/?yguid=3121365

Contact: 519 Church Street (Community Centre)

Greg: (416)392-6878, ext. 325

ftmtoronto@yahoo.ca

Notes: Holds bi-weekly meetings on the 1st and 3rd Fridays of every month, 7:30-9 :30p.m.

Fred Victor Centre

(support)

Location: Toronto, ON

Services: Organization helping people meet their employment goals, whether this is through volunteerism, skills development, computer training or job search assistance. They aim to treat people as individuals with unique skills and abilities that need to find expression.

Website: <http://www.fredvictor.org/>

Contact: 100 Lombard Street, #102
(416)364-8986

Notes: Contains some trans specific employment support programming with several trans staff members.

Gender Play—Central Toronto Youth Services

(support, youth)

Location: Toronto, ON

Services: Offers individual counseling and group work for lesbian, gay, bisexual, intersex, transgender, transsexual and questioning youth 26 and under.

Website: <http://www.ctys.org/gethelp/intake.htm>

Contact: (416)924-2100, ext. 245

Notes: For trans youth age 26 and under

Hassle Free Clinic

(health care, medical)

Location: Toronto, ON

Services: Hassle Free Clinic provides free medical and counselling services in many areas of sexual health. We are located in downtown Toronto.

Website: <http://www.hasslefreeclinic.org>

Contact: 66 Gerrard Street East, Toronto, ON

Women's Clinic: (416) 922-0566

Men's Clinic: (416) 922-0603

Notes: Hassle Free Clinic recognizes the unique sexual and reproductive health needs of trans and two-spirit people and people of trans experiences. We are committed to improving our services, and in July 2006 we hired a trans man and a trans woman to advise and train our staff.

LGBT Youth Program (for transsexual, transgender, two-spirit & questioning youth)

(support)

Location: Toronto, ON
Services: Initiative of the Children's Aid Society of Toronto for transsexual, transgender, two-spirit & questioning youth.
Website: <http://www.torontocas.ca/category/out-and-proud/>
Contact: 15 Huntley Street
Lorraine Gale: (416)924-4640, ext. 3055
lgale@torontocas.ca
Notes: Irregular events ; call for more information.

LGBTQ Parenting Network

(advocacy & organizing, support)

Location: Toronto, ON
Services: A program of Sherbourne Health Centre, the network operates in partnership with the 519 Church Street Community Centre and others to offer community-based supports to LGBTW parents and parents-to-be. Services include discussion groups, courses, recreational events, information, training, advocacy and research
Website: <http://www.fsatoronto.com/programs/lgbtparenting.html>
Contact: Rachel Epstein at (416)324-4100, ext. 5219
Notes:

Meal-Trans Programme

(support)

Location: Toronto, ON
Services: Multi-service drop-in meal program run by the 519 Church Street Community Centre for low-income and street-active transsexual and transgender people. Held on Mondays from 6-10pm
Website: <http://www.the519.org/programs/trans/mealtrans.shtml>
Contact: 519 Church Street (Community Centre)
Kyle Scanlon : (416)392-6878, ext. 104
mealtran@the519.org
Notes:

Older Gay, Lesbian, Bisexual & TS/TG Program

(support)

Location: Toronto, ON
Services: A programme designed to discover and begin to meet the needs of older LGBT people.
Website: <http://www.the519.org/programs/older/seniors.shtml>
Contact: 519 Church Street (Community Centre)
Dick Moore : (416)392-6878, ext. 118
senior@the519.org
Notes: No trans-specific programs but will help launch if independent facilitators initiate and maintain.

The Rainbow Group

(religious, support)

Location: Toronto, ON
Services: Group that holds an open house for queer folk and friends
Website: <http://toronto.shambhala.org/>
Contact: 670 Bloor Street West, #300
(416)588-6465
toronto@shambhala.org

Notes:

Sherbourne Health Centre

(health care)

Location: Toronto, ON
Services: An urban primary health care centre that seeks to reduce barriers to care by offering comprehensive culturally competent primary health services. Services include mental health counselling (transitioning, gender identity, harassment or violence, isolation, substance abuse), support groups for trans people and families, routine primary health care as well as hormone therapy, workshops, special events, links to community groups, trans specific resources and information.
Website: <http://www.sherbourne.on.ca/>
Contact: 333 Sherbourne Street
(416)324-4103

Notes:

SOFFA Voices

(support)

Location: Toronto, ON
Services: One-on-one peer support resource for significant others, friends, families and allies of trans people offering an empathetic ear, resource materials, and personal stories
Website: <http://www.the519.org/programs/trans/soffa.shtml>
Contact: 519 Church Street (Community Centre)
(416)392-6878, ext. 325
Jill OR Eliza : soffatoronto@yahoo.ca

Notes: Scheduled meetings every 3rd Friday of the month from 7-10pm

The Space Between Peer Support

(support)

Location: Toronto, ON
Services: Peer-facilitated support group for bio-born females or people assigned the gender of female at birth who feel that this does not best describe their gender identity.
Website: <http://www.the519.org/programs/groups/queer/thespacebetween.shtml>
Contact: 519 Church Street (Community Centre)
(416)392-6874
genderqto@yahoo.ca

Notes: Meetings held 1st Wednesday of the month from 8pm-10pm

Supporting our Youth (S.O.Y.)

(support, youth)

Location: Toronto, ON

Services: A program of Sherbourne Health Centre, S.O.Y. is a community development project designed to improve the lives of lesbian, gay, bisexual, transsexual and transgendered youth in Toronto through the active involvement of youth and adult communities. Works to create healthy arts, culture and recreational spaces for young people, to provide supportive housing and employment opportunities, and to offer youth access to adult mentoring and support.

Website: <http://www.soytoronto.org/>

Contact: 333 Sherbourne Street, 2nd floor
(416)324-5077
soy@sherbourne.on.ca

Notes:

Trans Community Shelter Access Project

(shelter, support)

Location: Toronto, ON

Services: A group of trans people providing training and policy assistance to homeless shelters and housing providers with the aim of making services more accessible to transsexual/transgender people.

Website: http://www.the519.org/programs/trans/access_project/index.shtml

Contact: 519 Church Street (Community Centre)
Jake Pyne : (416)392-6878, ext. 332
transaccess@the519.org

Notes:

Trans Fusion Crew

(advocacy & organizing, support)

Location: Toronto, ON

Services: Support and community organizing group for transgender, transsexual, genderqueer, of trans experience, or those questioning their gender.

Website: <http://www.soytoronto.org/current/tfc.html>

Contact: 333 Sherbourne Street
Yasmeen: (416)324-5078, tfc@sherbourne.on.ca

Notes: Call for specific dates of meetings

Trans Health Lobby Group

(advocacy & organizing)

Location: Toronto, ON

Services: Group of transsexual and transgender people working with allies and supporters to advocate for publicly funded SRS surgery and related medical procedures (access to hormones, electrolysis, counseling), to educate politicians and the media about transsexual and transgender people and their health care needs, to gain agency and empower transsexual and transgender persons and their communities.

Website: <http://www.rainbowhealthnetwork.ca/transhealth>

Contact: 333 Sherbourne Street

Susan Gapka: (416)760-2776

gapka_gp@yahoo.com

Notes:

Trans Inclusion Project

(support)

Location: Toronto, ON

Services: A team of trans people providing training and policy assistance to assaulted women's shelters and other feminist-based agencies with the goal of making services accessible for trans survivors of abuse and violence.

Website: http://www.the519.org/programs/trans/trans_inclusion_project/index.shtml

Contact: 519 Church Street (Community Centre)

Yasmeen Persad : (416)392-6878, ext. 123

trans_workshops@yahoo.ca

Notes:

Trans Programming at The 519 Community Centre

(support)

Location: Toronto, ON

Services: Community Centre with extensive programs (listed individually within resource guide) that strive to meet the needs of transgender people, their family, and friends. Offers monthly meetings, friendship, security, and support. For more information on programs, please refer to Toronto-area resources.

Website: <http://www.the519.org/programs/trans/index.shtml>

Contact: 519 Church Street, Toronto, ON

(416)392-6874

info@the519.org

Notes:

Trans Sex Worker Outreach Programme

(support)

Location: Toronto, ON

Services: Distributes free condoms and lube to transsexual, Two-Spirit and transgendered sex workers. They also provide safer sex information on HIV/AIDS and other sexually-transmitted infections. Peer support, advice and referrals.

Website: <http://www.the519.org/programs/trans/mealtrans.shtml>

Contact: 519 Church Street (Community Centre)
Monica Forrester: (416)392-6878, ext. 305

Trans Youth Toronto

(support, youth)

Location: Toronto, ON

Services: Group run by trans youth for trans youth. Open to anyone age 26 and under who is exploring or questioning their gender identity.

Website: <http://www.the519.org/programs/trans/tyt.shtml>

Contact: 519 Church Street (Community Centre)
Jordan or Rebecca : tytrocks@gmail.com

Notes:

Transceptance

(support)

Location: Toronto, ON

Services: A peer-support group for parents of transsexual and transgendered children

Website: <http://www.sherbourne.on.ca/PDFs/Broch-Transceptance-06.pdf>

Contact: 333 Sherbourne Street
Catherine: (416)324-4180, transceptance_group@yahoo.ca
Rupert Raj: (416)324-4174, rraj@sherbourne.on.ca

Notes: Group meets the fourth Thursday of every month, from 7:00pm to 9:00pm at the Sherbourne Health Centre. The group is facilitated by the parent of a young transwoman, who warmly invites all interested parents to contact her.

Transition Support for transwomen and transmen

(support)

Location: Toronto, ON

Services: Social and support group for transsexuals and transgendered people, mostly male to female (MTF)

Website: <http://www.the519.org/programs/trans/transsup.shtml>

Contact: 519 Church Street (Community Centre)
(416)625-9872, ext. 2121

Notes: Meets on the 2nd and 4th Friday of every month, 7pm-10pm

Transsexual Menace-Toronto

(advocacy & organizing)

Location: Toronto, ON
Services: Toronto Chapter of Transsexual Menace--activist group
Website: <http://www.themenace.net/>
Contact: ur@themenace.net
Notes:

The Triangle Programme

(support, youth)

Location: Toronto, ON
Services: For teens that have been targeted at their schools or have suffered incidents of homophobia or transphobia. Curriculum includes a detailed look into queer history, including TS/TG/2-S
Website: <http://schools.tdsb.on.ca/triangle/>
Contact: (416)406-6228, ext. 169
jeffrey.white@tel.tdsb.on.ca
anthony.grandy@tel.tdsb.on.ca

Notes:

Wildside

(support)

Location: Toronto, ON
Services: A business geared to crossdressers, transvestites, drag queens, transsexuals, all transgendered people, their spouses, friends, and lovers.
Website: <http://www.wildside.org>
Contact: 161 Gerrard Street East
(416)921-6112
info@wildside.org

Notes:

Xpressions

(support)

Location: Toronto, ON
Services: Not-for-profit support and social group designed to enhance the lives of the Transgendered community and their families. The group holds monthly dinners on the last Saturday of the month at 8pm at different restaurants in downtown Toronto.
Website: <http://www.xpressions.org/>
Contact: P.O. Box 223, Station A, Toronto, ON
xpressions@xpressions.org
Notes: Social group for male cross-dressers and transgender people.
Must join online to become a member to be eligible to come to dinner.

Youth Mentoring Project

(support, youth)

Location: Toronto, ON
Services: Group aiming to connect LGBTTO youth to safe, out, adult "mentors" from the community.
Website: <http://www.soytoronto.org/mentoring.html>
Contact: 333 Sherbourne Street, 2nd floor
Deb: (416)324-4180, ext. 3003
Daryl: (416)324-4100, ext. 5224
soydropin@sherbourne.on.ca

Notes:

Sir Wilfrid Laurier Rainbow Centre

(advocacy & organizing, support, trainings)

Location: Waterloo, ON
Services: Provide awareness training, programming, research, education, advocacy and support through group events, speaker series, open forums, and a resource library. Our hope is to transform the community starting with ourselves.
Website: <http://www.mylaurier.ca/rainbow/info/home.htm>
Contact : Wilfrid Laurier University
75 University Avenue West
Waterloo, ON
(519)884-0710, ext. 3010
rainbow@wlu.ca

Notes: Please check back regularly as the group continues to add content

Supporting our Spouses (S.O.S.)

(support)

Location: Southern Ontario
Services: On-line peer support for wives/female partners of transwomen
Website: n/a
Contact: sosclub@idirect.ca
Rupert Raj: rroj@sherbourne.on.ca

Notes: Please contact Rupert and email address will be forwarded on to group.

TransPARENT Canada

(support)

Location: Province-wide
Services: A support network for the parents of trans children.
Website: <http://www.transparentcanada.ca/>
Contact: (905)401-1044
Joan Wiley: trans-parent@hotmail.com

Notes:

PRINCE EDWARD ISLAND

Abegweit Rainbow Collective

(advocacy & organizing)

Location: Charlottetown, PE

Services: A community-based, volunteer organization committed to providing support, education and advocacy to bisexual, gay, lesbian, transgendered, two-spirited and questioning Islanders and their family and friends on Prince Edward Island.

Website: n/a

Contact: (902)894-5776

Notes:

Gay, Les, Bi, & Transgendered Community Support

(support)

Location: Charlottetown, PE

Services: Support group for Prince Edward Island

Website: n/a

Contact: 53 Grafton Street, Charlottetown PE

(902)892-4163

mark.smith@isn.net

Notes:

QUEBEC

Action Sante: Travesti(e) et Transsexuel(le) du Quebec (ASTT(e)Q)

(advocacy & organizing, medical)

Location: Montreal, QC

Services: Group promoting health and well-being of all transvestites and transsexuals of Quebec

Website: n/a

Contact: 1626 Rue St-Hubert, près de Ontario

(514)847-0067

Notes: Meets Mondays at 7 p.m.

L'Association des Transsexuel(le)s du Québec

(advocacy & organizing, support)

Location: Quebec – Provincewide

Services: Provides information and resources for transsexuals, transgender individuals, and transvestites, as well as news articles, testimonials, archives, upcoming activities, and interesting links.

Website: <http://www.atq1980.org>

Contact: Administration: (514) 591-9038

admin@atq1980.org

Listening Line: (514) 254-9038

ecoute@atq1980.org

Notes:

Chrysalide

(advocacy & organizing, education, support)

Location: Montreal, QC
Services: Support, information and action group for transsexual and transvestite people.
Website: <http://chezstella.org/>
Contact: (514) 251-8872 OR
(514) 285-8889
Notes: Get-togethers are every other Thursday afternoon, from 1 p.m. to 4 p.m., at 1473, Bennett Street (Dopamine's offices).

Club Met

(support)

Location: Montreal, QC
Services: Transgender Support group
Website: n/a
Contact: 4113 Dorion Street, Montreal, QC
(514)528-8874
Notes:

Coalition des transsexuelles et transsexuels du Québec (CTTQ)

(advocacy & organizing, education, support)

Location: Montreal, QC
Services: Organizing a community in Quebec, where transgender people and those questioning can share, exchange, and establish ties to effect change.
Website: <http://www.cttq.org>
Contact: C.P. 476, succursale C, Montreal, QC, H2L 4K4
info@cttq.org
Notes:

Factt Quebeck

(medical)

Location: Montreal, QC
Services: French speaking referrals for medical and psychological services and support groups
Website: n/a
Contact: 5858 Cote de Neiges Blvs, Montreal QC
Notes:

Gender Reassignment Surgery in Montreal

(medical)

Location: Montreal, QC
Services: Clinic in Montreal providing various surgical procedures, for FTM and MTF surgeries.
Website: <http://www.grsmontreal.com>
Contact: 1003 East St-Joseph Blvd, Montreal, Canada
(514)288-2097
info@grsmontreal.com

Notes:

Head & Hands

(advocacy & organizing, education, legal, support, youth)

Location: Montreal, QC
Services: Head & Hands envisions a society where all youth are participants and are inspired by the endless possibilities available to them. Our mission is to work with youth to promote their physical and mental well being. Our approach is preventative, non-judgmental, and holistic with a fundamental commitment to providing an environment that welcomes youth without discrimination. We facilitate social change and the empowerment of youth based on their current needs within our community and society at large.
Website: <http://www.headandhands.ca>
Contact: 5833 Sherbrooke West
(514) 481-0277
info@headandhands.ca

Notes:

Le Spectre

(support)

Location: Montreal, QC
Services: n/a
Website: n/a
Contact: (514)528-1700
Notes:

Trans P.O.R.S.

(medical, shelter)

Location: Montreal, QC
Services: Residence for post-op GRS recovery; transport, lodging and meals
Website: n/a
Contact: 475 Boulevard Gouin Ouest, Montreal, QC
(514)332-5421
Notes: Associated with Montreal GRS Clinic.

Transsexuals in Prison

(prison)

Location: Montreal, QC
Services: n/a
Website: n/a
Contact: mac@mblink.net
Notes:

Premier Contact

(support)

Location: Outaouais, QC
Services: Information and Support for transsexual persons and/or those suffering from gender identity troubles
Website: n/a
Contact: (819)777-3493
Notes:

Etre Femme

(support)

Location: Quebec, QC
Services: Transsexual Support group
Website: n/a
Contact: 84 Boul. Des Allies
(418)529-1152
Notes:

SASKATCHEWAN

Gay & Lesbian Community Centre of Regina

(advocacy & organizing, support)

Location: Regina, SK
Services: Non-profit corporation based in Regina, Saskatchewan, operating a community centre in the city. They strive to create a healthy, comfortable atmosphere, to identify and address the needs for gay, lesbian, bisexual and transgender people in Regina.
Website: <http://www.glcr.ca>
Contact: 2070 Broad Street
(306)569-1995
email contact through online ticket
Notes:

GBLUR Centre for Sexuality and Gender Diversity

(advocacy & organizing, support)

Location: Regina, SK

Services: Center providing resources and services for the support of lesbian, gay, bisexual, transgender, queer, two-spirited and questioning students at the University of Regina.

Website: <http://ursu.uregina.ca/~gblur/>

Contact: Room 222 Riddell Centre, University of Regina, 3737 Wascana Parkway
gblur@ursu.uregina.ca

Notes:

Avenue Community Centre for Gender and Sexual Diversity

(advocacy & organizing, support)

Location: Saskatoon, SK

Services: Non-profit organization working to address health and social issues in the lesbian, gay, bisexual, two-spirit and transgender community, including peer-counseling, information resources, community centre, social events, and various sponsored clubs and groups

Website: <http://www.avenuecommunitycentre.ca/>

Contact: 2003-220 3rd Avenue South, Saskatoon
(306)665-1224 OR
(800)358-1833
Prince Albert 306-922-2228
info@avenuecommunitycentre.ca

Notes:

USSU Pride Centre

(advocacy & organizing)

Location: Saskatoon, SK

Services: University-based organization seeking to work with people of all sexual orientations and gender identities in an open and progressive environment

Website: <http://www.ussu.ca/pridecentre/>

Contact: Room 65, Lower Place Riel Student Centre, Saskatoon, SK S7N 5A3
(306) 966-6615
lgb.centre@uwwu.ca

Notes:

Fetish Footwear

(support)

Location: Weyburn, SK
Services: Trans-friendly Saskatchewan business for footwear
Website: <http://www.fetishfootwear.ca/>
Contact: PO Box 102, Weyburn, Saskatchewan
(866)942-2262

Notes:

NATIONAL AND INTERNATIONAL

Brethren Mennonite Council for Lesbian, Gay, Bisexual and Transgender Interests

(religious, support)

Location: National
Services: Group that aims to cultivate an inclusive church and society and to care for the Mennonite and Brethren lesbian, gay, bisexual, transgender, and allied community
Website: <http://www.bmclgbt.org>
Contact: P.O. Box 57032 Jackson Station, 2 King Street West, Hamilton, ON
bmc@bmclgbt.org

Notes:

Canadian Unitarian Council

(religious, support)

Location: National—Chapters in Calgary, Edmonton, Lethbridge, Red Deer, Coquitlam, Courtenay, Kamloops, Kelowna, Nanaimo, Salt Spring Island, Surrey, Vancouver, Victoria, Arborg, Winnipeg, Fredericton, Saint John, St. John's, Halifax, Barrie, Elora/Fergus, Guelph, Hamilton, Kingston, London, Olinda, Ottawa, Owen Sound, Peterborough, St. Catharines, Sarnia, Stratford, Thunder Bay, Toronto, Waterloo, Windsor, Charlottetown, Montreal, North Hatley, Regina, Saskatoon
Services: Group that upholds Unitarian Universalist Principles in order to assist and support the safe and equitable representation and inclusion of sexual and gender minorities and their supporters in Canadian Universalist congregations by offering education, representation, political action, and historical preservation
Website: <http://www.cuc.ca>
Contact: 018-1179A King Street West, Toronto, ON
(416)489-4121
949 West 49th Avenue, Vancouver, BC
(604)264-0088
(888)568-5723
info@cuc.ca

Notes:

Dignity Canada (Dignité)

(religious, support)

Location: National—Vancouver, Edmonton, Winnipeg, Toronto, Ottawa, Halifax
Services: Organization of Roman Catholics concerned about the Catholic Church's sexual theology, particularly as it pertains to GLBT persons.
Website: <http://www.dignitycanada.org>
Contact: P.O. Box 2102, Station D, Ottawa ON
info@dignitycanada.org

Notes:

Egale - Canada

(advocacy & organizing, support)

Location: National
Services: A national organization committed to advancing equality and justice for lesbian, gay, bisexual and trans-identified people, and their families, across Canada. Egale has members in every province and territory of the country.
Website: <http://egale.ca/>
Contact: (888) 204-7777
egale.canada@egale.ca

Notes:

Gay, Lesbian, Bisexual & Transgender Medical Students of Canada

(advocacy & organizing, support)

Location: National
Services: Professional organization dedicated to address the issues and concerns of GLBT medical students and physicians in Canada
Website: http://www.utoronto.ca/diversity_in_medicine/glbmeds/
Contact: glbtmeds@yahoo.com

Notes:

Girl Talk Magazine

(general)

Location: National
Services: Magazine for transgender girls and women
Website: <http://www.girltalk-online.com/index.html>
Contact: n/a

Notes:

Integrity Canada

(religious, support)

Location(s): National—Calgary, Fredericton, London, Montreal, Niagara, Nova Scotia/PEI, Ottawa, Saskatoon, Toronto, Vancouver, and Winnipeg

Services: National Anglican organization offering safe worshipping and caring community where GLBTQ people can integrate faith and sexuality and grow in their spiritual lives.

Website: <http://www.integritycanada.org>

Contact: integrity@integritycanada.org

Notes:

PASAN

(advocacy & organizing, support)

Location: National

Services: Community-based network of prisoners, ex-prisoners, organizations, activists and individuals working together to provide advocacy, education, and support to prisoners on HIV/AIDS, HCV and related issues.

Website: <http://www.pasan.org>

Contact: 489 College Street, #500

(416)920-9567

(800)224-9978

info@pasan.org

Notes: Group has some experience working with transwomen.

Salaam Canada

(religious, support)

Location: National—Toronto, Halifax, Vancouver

Services: Muslim-identified organization dedicated to social justice, peace and human dignity through its work.

Website: <http://www.salaamcanada.org>

Contact: C/O 519 Church St. Community Center, Toronto ON

(416)925-XTRA (ext. 2209)

salaam@salaamcanada.com

Notes:

TGStation.com

(trainings)

Location: National

Services: Diversity training in youth, education, workplace, human resources, and community groups, on topics such as transphobia, homophobia, sexism, and ableism.

Website: <http://www.tgstation.com>

Contact : RR#1 Aylmer, ON info@tgstation.com

Notes: Subsidiary of DiversityTrainingLIVE.com.

Transgender Canada Listserv

(advocacy & organizing)

Location: National
Services: Private list devoted to the discussion of issues pertinent to the Canadian Transgender Community
Website: <http://www.yorku.ca/gilbert/index.htm>
Contact: gilbert@yorku.ca
Notes:

Human Rights Campaign

(advocacy & organizing)

Location: National—U.S.
Services: America's largest civil rights organization working to achieve gay, lesbian, bisexual and transgender equality
Website: <http://www.hrc.org/>
Contact: (800)777-4723 OR
(800)727-4723
hrc@hrc.org

Notes:

Sylvia Rivera Law Project

(advocacy & organizing, legal)

Location: National—U.S. (Based in New York City, NY)
Services: Group working to guarantee that all people are free to self-determine gender identity and expression, regardless of income or race, and without facing harassment, discrimination or violence.
Website: <http://www.srlp.org/>
Contact: (212)337-8550 OR
(212)337-1972

Notes:

TransGender Law Centre

(legal)

Location: National-U.S.
Services: Group working with community members and allies to make California a state in which everyone can fully and freely express their gender identities.
Website: <http://www.transgenderlawcentre.org>
Contact: 870 Market St., Room 823
San Francisco, CA
(877)847-1278
info@transgenderlawcenter.org

Notes:

Affirmation

(religious, support)

Location: North America
Services: Mormons serving the needs of gay, bisexual, transgender LDS and their family and friends through social and educational activities.
Website: <http://www.affirmation.org/>
Contact: P.O. Box 57057 Somerset Station, Ottawa ON, K1R 1A1
(613)425-0147
Notes:

Intersex Society of North America

(advocacy & organizing)

Location: North America
Services: Group devoted to systemic change to end shame, secrecy, and unwanted genital surgeries for people born with an anatomy that someone decided is not standard for male or female
Website: <http://www.isna.org>
Contact: 979 Golf Course Drive #282, Rohnert Park CA
Fax: (801)348-5350
e-mail through online ticket
Notes:

Lutherans Concerned

(religious, support)

Location: North America
Services: An independent membership organization that builds community for worship, education and support, fosters welcome settings, advocacy.
Website: <http://www.lcna.org/>
Contact: P.O. Box 4707 Saint Paul, MN
(651)665-0861
info@lcna.org
Notes: Local Chapters in Calgary, Edmonton, Kitchener-Waterloo, Toronto

FTM International

(support)

Location: Worldwide
Services: Provides support meetings for FTMs and their families in cities throughout the world.
Website: <http://www.ftmi.org/>
Contact: e-mail contact available through online ticket
Notes:

Transfamily

(support)

Location: Worldwide
Services: Support Group for transgendered and transsexual people, their parents, partners, children, other family members, friends, and supportive others.
Website: <http://www.transfamily.org/>
Contact: email contacts on website for various support groups
Notes:

Transgender Care

(medical)

Location: Worldwide
Services: Archive of trans health information written and compiled over several years
Website: <http://www.transgendercare.com/default.asp>
Contact: email through online ticket
Notes:

Transgender Law and Policy Institute

(legal)

Location: Worldwide
Services: Non-profit organization dedicated to engaging in effective advocacy for transgender people in our society. TLPI brings experts and advocates together to work on law and policy initiatives designed to advance transgender equality.
Website: <http://www.transgenderlaw.org>
Contact: info@transgenderlaw.org
Notes:

Transgender Tapestry International Foundation for Gender Education

(advocacy & organizing, trainings)

Location: Worldwide
Services: Advocacy and educational group advocating for freedom of gender expression.
Website: <http://www.ifge.org/>
Contact: P.O. Box 540226, Waltham MA
(781)899-2212
info@ifge.org

Notes:

TransProud

(support)

Location: Worldwide
Services: OutProud's division for transgender youth, including resources, support, referrals.
Website: <http://www.transproud.com/>
Contact: Online email contacts
Notes: 369 Third Street, Suite B-362, San Rafael, CA
info@transproud.com

Trans Youth Family Advocates

(advocacy & organizing, support)

Location: Worldwide

Services: Parents, family, friends and caring adults dedicated to educating and raising public awareness about the medical and cultural challenges faced by children with gender variant and gender questioning identities and the families who love them.

Website: <http://imatyfa.org>

Contact: P.O. Box 1471, Holland MI
(888)462-8932
info@imatyfa.org

Notes:

World Professional Association for Transgender Health, Inc.

(advocacy & organizing)

Location: Worldwide

Services: Non-profit organization dedicated to the further understanding and treatment of gender identity disorders by professionals in medicine, psychology, law, social work, counseling, psychotherapy, etc.

Website: <http://www.wpath.org>

Contact: wpath@wpath.org

Notes:

WEB RESOURCES:

Antijen

<http://www.antijen.org/>

Canadian and International Links

This site lists a variety of links to other sites detailing everything from surgery information to academic papers on trans issues.

<http://www-hsl.mcmaster.ca/tomflem/transgender.html>

Cross-dressing Resources in Canada

This site lists a number of different resources for crossdressers and transvestites across Canada, listed by province.

<http://www.ncf.carleton.ca/ip/sigs/life/gay/xdress/xdr>

Deaf Queer Resource Centre

<http://www.deafqueer.org>

Gender Psychology

The personal experiences of a transsexual psychologist and a scientific critique of the psychopathology of gender identity disorder: <http://www.genderpsychology.org>

Gender Web

<http://www.genderweb.org>

GenderPAC (Political Action Coalition)

<http://www.gpac.org>

Mermaids (UK website devoted to trans youth)

<http://www.mermaids.freeuk.com/>

Multicultural Trans Support Communities—Online

(including Asian, Black, Deaf, Latino/a, Muslim, Arab, First Nations and Jewish communities)

<http://www.amboyz.org/resources/culture.html>

PFLAG (Trans-Inclusive)

<http://www.pflag.org>

Recommended reading List

This site lists some of the best reading material available written by and about transgendered and transsexual people.

<http://www.bcholmes.org/books/booktg.html>

Renaissance Transgender Association

<http://www.ren.org>

Trans Canada: Transgender Resource Advocacy and News Service

TRANS-Canada seeks to positively change the way society and the medical and legal communities, view transsexual, transgendered and other gender variant people.

<http://www.trans-canada.org/>

Transgender Employment Links

The following web sites contain information about transitioning on the job and other issues transsexual and transgendered workers and their employers may face.

<http://www.gendersanity.com/resources.shtml>

Transgender Forum

<http://www.tgforum.com/content1.html>

Transgender Resource Center

Mission is to foster the development of a positive and helpful community to support those facing the unique challenges that confront the transgendered and to engender the acceptance and support of transgendered individuals within society at large.

<http://slurl.com/secondlife/Pavonia/9/70/102>

Transgender Safer Sex Issues

<http://www.highriskproject.bc.ca/hiv aids.htm>

TransHealth

<http://www.trans-health.org/>

Transsexual Menace International

<http://www.apocalypse.org/pub/tsmenace>

Transsexual Menace Toronto

This site includes information on Toronto-based trans support groups, human rights advocacy and news items. Very interesting!

<http://www.themenace.net/>

Transsexual Road Map

Transition is simply a journey. Just like a trip, you decide on your destination, the time you'll need to get there and the money you'll spend. This site is a travel guide to set priorities and choose your route. It's about making informed purchasing decisions and setting realistic, achievable transition goals, as well as offering links to support sites for youth, adults,

<http://www.tsroadmap.com>

Transsexuality

Jennifer Reitz' exploration of what it is, and what to do about it if you think you are trans.

<http://www.transsexual.org>

TS Successes

This site contains hundreds of pictures of transsexual men and women who are successful. They aren't "successes" because of how much money they've made, or how pretty some of them are. These are the successes of women who have survived and corrected their earlier transsexualism, and gone on to find joy and comfort and peace in their lives.

<http://ai.eecs.umich.edu/people/conway/TSuccesses/TSuccesses.html>

Wellness Health Care Resources – Transgender Links

<http://hsl.mcmaster.ca/tomflem/transgender.html>

DISCUSSION FORUMS

AEGIS-List

majordomo@lists.mindspring.com

Deaf Transgender Alliance

jmarlowe@juno.com

Tg-Spirit

listserv@listserv.aol.com

Transactive

listserv@netcom.com

Transgen

listserv@brownvm.brown.edu

Tsmenace

majordomo@zoom.com

Yahoo Trans Lists

<http://groups.yahoo.com/search?query=trans&submit=Search>